

13th 30 MILE PUNCHBOWL MARATHON SUNDAY 7.2.82

PUBLIC

FP/BP=FOOTPATH/BRIDLEPATH X=CROSS TK=TRACK or PATH Rd=ROAD &=AND

20 TR/TL=TURN RIGHT/LEFT BR/BL=BEAR RIGHT/LEFT FR/FL=FORK RIGHT/LEFT
MILERS

Along L edge of Rec. Out at corner, pass garage & FR on main TK.
In 280m TL on Rd, under bridge & in 15m TR to follow railway on R.
In 620m (WHEN SAFE) T $\frac{1}{2}$ L over A283 & on Rd opp. to Wood Pidgeon.
In 1Km, opp. Tennis Court on R, TL over stile (FP). On L edge of field,
X stile, thru woods & X next stile.

X 2 fields (160°) in line with FP sign & ² furthest L building. X stile,
TL on TK & in 50m up bank on R to stile. X field & thru gate to stile.
In 30m X TK & on thru wood. In 90m X stile, on R edge of field to stile.
On TK, thru kissing gate & on to X Rd (GR 955360). Up bank & TR on
path. Join Rd & in 450m X main Rd.

X stile & follow fir tree hedge on R to ³ 2 stiles. Up L edge of field,
X 2 more stiles & T $\frac{1}{2}$ L down field (160°). X stile & in 160m swing L
with fence. On drive & TR on lane. In 200m pass Orchard Cottage, on R,
& 420m later FL on BP. In 55m ignore L turn, & in 250m reach fence end,
on R. 35 later TL down stream.

At bottom X bridge & in 20m ignore L fork ⁴ uphill. In 70m TK levels out
& follows fields on L. In 550m join TK on L & in 250m ahead on lane.
In 1Km pass Eagle-gated 'FURNACE PLACE' on R. 180m later BL on TK,
X drive & on R edge of field (FP). GR 932327

At far end TL & in 60m TR thru wire gate. ⁵ X Rd, on ANSTEAD BROOK STUD
drive (FP) & ahead on muddy TK. In 250m X gate & 10m later TR thru gate.
Up R edge of field & thru gate in corner. Follow earth bank on R, & in
110m, when bank turns L, T $\frac{1}{2}$ R (280°) up to ever-open gate.

X field (270°) & TL on TK (into Sussex) for 550m, via gate & 2 stiles to
BARFOLD FARM (GR 927310). ⁶ TR up Rd for 170m to OWLDEN on R, & 10m later
TL up path. Follow Rd on R for 60m, then on uphill. In 400m X drive &
bank, & TR on TK. Join Rd at bend, & B $\frac{1}{2}$ L up BP (255°). At top TL with
BP & in 100m TL thru gap in bank & admire view. GR 921305

Return to BP & in 80m FR. ⁷ In 210m X TK & 70m later FR, then swing R on
main TK. In 230m FL (BP) & 530m later TL at X TKs. In 8m BR on narrow
TK & in 25m follow earth bank, on L, downhill (as best you can) (280°).

At bottom join sunken TK on R. ⁸ In 200m TL on drive (FP) (VALEWOOD LODGE)
& in 40m, ahead for 60m to gate. In 180m TL on lane & in 40m TR on drive
to Sheetlands. In 160m TR on FP (driest on R). Ignore FP on R in 120m,
(now drier on L) & 100m later FR on FP No. 296. GR 904301

Along house-wall on L & join drive. ⁹ In 100m swing L, then ahead on BP TK.
In 120m TR (10°) on BP for 500m to join tarmac. In 90m TR & later TR on
A286. In 140m (or WHEN SAFE) X & BL on FP.

Beside Rose Cottage, & up hill to pass ¹⁰ FP post at top. TR on Rd & in 80m
BR on FP. In 170m X drive & FL (335°) on FP for 320m to CHECKPOINT ONE
at 5 X TKs. GR 887312 11 $\frac{1}{2}$ Miles. 20 & 30 Mile ROUTES now SPLIT UP.

20 MILERS :- FR (340°) & in 340m FR, & 40m later pass post on R.
In 10m BL (350°) on narrow TK. In 500m descend & TL on Rd. In 30m TR
down School Rd. TL with Rd at bottom & in 140m TR at end. In 110m X
bridge, & 55m later TL & X A286. Thru rail arch & on over lights GR 885326.
TL at T junction & in 120m TR up BUFFBEARDS LANE.

12

70m after end, TR on R edge of pitch. On up bank & anti-clockwise round
2 sides (short then long) of courts. Up bank & ahead (20°) on TK for 40m
FR past stump & in 60m join TK on L. Follow main level TK for 600m, until
it narrows as it swings R (fence corner 10m ahead).

13

In 70m FR & 120m later TR downhill, for 40m to Rd. TL on Rd (GR 887341)
& in 20m BR along POLECAT VALLEY. At 2nd house on L (Anthony Cottage)
BR (50°) uphill (ignore BP on R). At top TL at T junction by seat.
In 50m X TK & ahead. In 200m TL (ROYAL NAVAL SCHOOL) on lane. GR 893346

14

In 20m F½L (30°) up straight BP, parallel to lane on R. In 700m X TK, &
130m later merge with TK on L (Greensand Way sign). In 100m TsharpL (270°)
at offset X TKs (BP table on R). In 100m at slanted X TKs, TR 350° over
bracken. In 25m TR on TK. In 60m, at gravestone, admire THE DEVIL'S
PUNCHBOWL (& 30m Milers route).

15

In 110m FR, then on L edge of car park. Thru barrier to Memorial GR 899359.
Admire views on R & L. Ahead (0°) down to barrier, X TK & ahead.
Descend for 80m then TL at X TK (where TK levels out ahead). On level TK
for 800m, then 20m before A3 TR, across TK on R, & descend (70°) for 100m
to broken stile.

16

TL along old fence & in 30m join TK on R. Follow old fence for 500m,
until it turns L uphill. Here TR for 20m & swing L on TK, with Rd on R.
In 160m, at end, join Rd on R for 260m & TR on verge of A3. In 450m TR
over stile (60m along 1st field on R). GR 901282

17

½L (95°) down field, X stile (ELECTRIC), & ahead via 2 more stiles, to
join drive (16½ Miles). X TK & in 500m FR down BP past COSFORD Farm/House.
In 200m at bottom, FR with wall on L. In 25m FL, then FL up old steps &
TR at top. In 25m BL up steep TK, X TK at top & up rough steps.
.. Electric stile, & field (60°) to stile. GR 914387

18

X Rd, thru gateway & X stile. Ahead on L edge of field, pass 1st corner
& along hedge. X stile & in 40m TL over stile & down 7 steps. X drive
& stile & field (90°) to small gate in far corner. X drive, thru tall
gate & X field (140°), down to gateway & up TK.

19

In 250m thru gateway & in 22m TL on narrow TK. In 80m, thru k'gate & TR.
In 80m descend, with earth bank on L, & join Rd on R via tall gate.
In 400m X A286 (GR 929384) on tarmac, then TK up gully. In 800m FR
at houses & in 200m join Rd on R. (19 Miles)

20

In 500m TR thru k'gate & downhill beside HANGERFIELD COTTAGE on L. X stile
on R edge of field, via 2 stiles. On TK & TL on A283. X (WHEN SAFE) &
in 150m BR via white barrier into Rec. Ahead to finish on Hall verandah.
WELL DONE. 20 Miles. Showers & Free Tea await you. GR 947394